



Prenatal Care Professional:

Telephone #: _____ **Fax#:** _____

Bring this with you to your next dental appointment.

Patient Name: _____

DOB: _____ Estimated Delivery Date: _____

This patient may have routine dental care, including but not limited to:

- | | |
|---|---|
| <input type="checkbox"/> Oral health examination | <input type="checkbox"/> Local anesthetic with or without epinephrine |
| <input type="checkbox"/> Dental prophylaxis | <input type="checkbox"/> Scaling and root planning (deep cleaning) |
| <input type="checkbox"/> Dental x-ray with abdominal neck lead shield | <input type="checkbox"/> Root canal treatment |
| <input type="checkbox"/> Restoration (amalgam or composite) fillings | <input type="checkbox"/> Extraction |

Known Allergies: _____

Medications Patient is Currently Taking: _____

Patient may have the following pain medication (s):

- Acetaminophen with codeine
- Alternative medication (specify): _____

Patient may have the following antibiotic(s):

- | | |
|---|---|
| <input type="checkbox"/> Amoxicillin | <input type="checkbox"/> Erythromycin (not estolate form) |
| <input type="checkbox"/> Cephalosporins | <input type="checkbox"/> Penicillin |
| <input type="checkbox"/> Clindamycin | |

Signature: _____ Date: _____

To learn more, call the Oral Health Program, Dental Coordinator at: 702-759-0850



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Congratulations on Your Pregnancy!

Regular dental care during pregnancy is safe
and important.

To be connected with a dental office and to be entered into a drawing to win a Colgate electric toothbrush bundle and box of diapers,

**Contact the Oral Health Program,
Dental Coordinator at:**

702-759-0850

Pregnancy Tips:

- *Brush your teeth thoroughly with a fluoride toothpaste twice a day and floss daily
- *Eat a balanced diet full of fruits, vegetables, whole-grains, and dairy
- *Visit your dentist for an exam and regular dental cleanings
- *Schedule your new baby's first dental visit no later than their first birthday



Nevada Department of
Health and Human Services
DIVISION OF PUBLIC AND
BEHAVIORAL HEALTH

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Dental checkups and good oral hygiene will keep you and your baby healthy!

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DID YOU KNOW?

Medicaid pays for dental care during pregnancy and transportation is provided!

Nevada Medicaid District Offices – Customer Service Line

Las Vegas District Office 702-668-4200

Nevada Medicaid Web Site:
www.medicaid.nv.gov





To learn more, call the Oral Health Program, Dental Coordinator at:
702-759-0850

Nevada, Division of Public and Behavioral Health, Oral Health Program website:
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¡Felicitaciones por su embarazo!

¡Los chequeos dentales y la higiene oral mantendrán a usted y a su bebé sanos!

Consejos de embarazo:

-  Cepille bien los dientes con una pasta de dientes de fluoruro dos veces al día y use hilo dental diariamente
-  Coma una dieta equilibrada llena de frutas, verduras, granos integrales, y lácteos
-  Visite a su dentista para exámenes y limpiezas dentales regulares
-  Haga una cita dental para su bebe antes de que cumpla un año

 Medicaid paga por las limpiezas dentales durante el embarazo y se provee transporte!

Oficinas de Medicaid en Nevada – Línea de Servicio al Cliente





Oficina del Distrito de Las Vegas 702-668-4200 [Sitio Web de Nevada Medicaid: www.medicaid.nv.gov](http://www.medicaid.nv.gov)


Para obtener más información, llame al Programa de Salud Bucal, Coordinador Dental al : **702-759-0850**
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KEEP YOUR CHILD CAVITY FREE!



Visit the dentist while pregnant



Don't share utensils with children; Cavity germs are contagious



Brush with fluoride toothpaste 2x/day



Only water in between meals



Adult brushes child's teeth



Sleep without a bottle



No more than 4 oz. juice a day



First dental visit by age 1



Stop the soda pop

MANTENGA A SUS NIÑOS SIN CARIES



Es importante ir al dentista cuando se está embarazada



No comparta los utensilios con los niños; Las caries son contagiosas



Cepille al niño usando una pasta con flúor 2 veces al día



Dormir sin biberón

Entre comidas sólo bebe agua



No más de 4 onzas de jugo al día



Vaya al dentista cuando el niño tenga 1 año

Un adulto debe de cepillar los dientes del niño



Deje de tomar soda



Now, you're brushing for two.

When you're pregnant you may be more prone to gum disease and cavities — and having them can impact your baby's health. Get a dental check-up before delivery.

If you don't have a place to go, ask your healthcare provider for a recommendation and make an appointment today.

Learn more at [HealthyChildren.org/tinyteeth](https://www.healthychildren.org/tinyteeth)

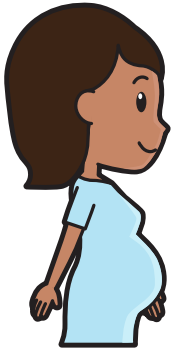


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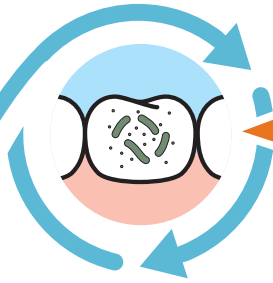
The American Academy of Pediatric Dentistry, American College of Obstetricians and Gynecologists, American Dental Association, and the American Dental Hygienists' Association support the value of this clinical document as an educational tool, January 2019.

Now you're brushing for two



WHEN YOU'RE PREGNANT
YOU MAY BE MORE PRONE TO

**GUM DISEASE
AND CAVITIES**

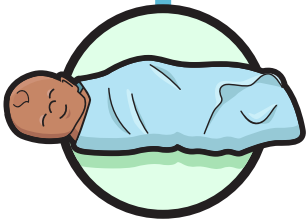


After your baby is born,
you could pass the
bacteria that contributes
to cavities from your
mouth to hers.

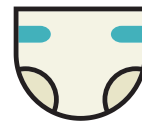


THAT'S WHY
**EVERY PREGNANT WOMAN
NEEDS TO VISIT
HER DENTIST**

**MAKE YOUR APPOINTMENT
BEFORE THE BABY COMES**





ONCE SHE COMES,
WE'RE GUESSING YOU'LL
BE PRETTY BUSY



Tips to keep your
mouth healthy



IF YOU HAVE
**MORNING
SICKNESS,**
*RINSE YOUR MOUTH WITH
ONE TSP OF BAKING SODA
IN A GLASS OF WATER
AFTER YOU GET SICK.*

2x  
BE SURE TO
**BRUSH TWICE A DAY
AND FLOSS DAILY**

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**Nevada Department of
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We've included the
top questions
(and related answers)

we hear from moms-to-be and
new moms about oral health.

Questions moms are asking about oral health

Learn more at

HealthyChildren.org/tinyteeth



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6 Questions Most Women Have About Oral Health and Pregnancy



Q: Is it safe to have a dental visit while pregnant?

A: Yes! In fact, it's recommended. Morning sickness and hormonal changes can make you more prone to gum disease and cavities when you're pregnant, which can impact your baby's health. A dentist can treat these problems or help you avoid them.

Q: At what point in my pregnancy should I have a dental check-up?

A: Get a dental check-up before your delivery. If your last visit was more than six months ago, or you have any oral health issues, schedule an appointment as soon as possible.

Q: What information should I tell my dentist about my pregnancy?

A: Tell your dentist that you are pregnant and your due date. Also be sure they are aware of any medications you're taking, specific medical conditions, any form of tobacco or drug use, or if your pregnancy is high-risk.

Q: What about dental treatments – are they safe while pregnant?

A: Yes. X-rays, local anesthetics and most pain medication are safe as long as the dentist is aware of your pregnancy.

Q: What steps should I take to prevent oral health problems during pregnancy?

A: Be sure to brush twice a day with fluoride toothpaste, clean between your teeth, get a dental check-up, and limit sugary foods. If morning sickness occurs, rinse your mouth with one tsp of baking soda in a glass of water.

Q: Why is my oral health important to my baby after she is born?

A: Moms and babies share everything – including bacteria. If you have cavities, you also have the bacteria that cause them in your mouth. This bacteria can be passed from your mouth to your baby's mouth and increase her risk of cavities, too – so it's important to get a dental check-up and establish a healthy smile before the baby is born.



6 Questions Moms Have About Caring for An Infant's Mouth

Q: What can I do to take care of my baby's mouth before her teeth break through?

A: Whether you breast or bottle feed, wipe your baby's gums after each feeding and before bedtime. Keep taking care of your own oral health and avoid cleaning pacifiers with your mouth.

Q: What should I do when my baby begins teething?

A: Try to soothe your teething baby by rubbing the gums with a clean finger or allowing her to chew on a clean, moist washcloth. You can also ask your doctor to recommend a safe teething ring. Teething doesn't usually cause a fever, rash or diarrhea. If your baby has these symptoms call your pediatrician.

Q: What do I do if my baby falls asleep with a bottle while feeding?

A: Infants may fall asleep with a bottle in their mouth while they are being fed. If this happens, try to wipe their gums with a soft, clean cloth. This helps wipe away sugar and bacteria that together can cause cavities. Avoid putting her down with a bottle.

Q: When should I begin brushing her tiny teeth?

A: Begin brushing as soon as the first tooth appears. Be sure to brush twice a day using a small smear of toothpaste (the size of a grain of rice).

Q: When should I schedule my baby's first dental visit?

A: Your baby should see a dentist after their first tooth appears, but no later than their first birthday. If you need help finding a pediatric dentist or a dentist trained to treat children, ask your pediatrician for recommendations or visit insurekidsnow.gov.

Q: Are baby teeth important?

A: Yes, it is important to keep baby teeth cavity free even though they will eventually fall out. Baby teeth help children to eat healthy food, develop their speech, and maintain space for their adult teeth. Bacteria that cause cavities in baby teeth stay in the mouth and may cause cavities in permanent teeth.

Protect Tiny Teeth

You may not see them yet, but your baby's teeth are hiding right beneath the gums.



Here's how to keep that little smile healthy:

1

The best way to spot signs of problems is to take your baby for a dental check-up as soon as he has a tooth or by his first birthday. If you don't have a place to go, ask your pediatrician to check out your baby's mouth and provide a dental referral.

2

Wipe your baby's gums with a soft, clean cloth after feedings and at bedtime. This helps wipe away sugar and bacteria that together can cause cavities.

Ask your pediatrician about other tips and visit [HealthyChildren.org/tinyteeth](https://www.HealthyChildren.org/tinyteeth)

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Milestones for mini mouths



BACTERIA FROM YOUR MOUTH CAN PASS TO YOUR BABY'S MOUTH

SO PART OF TAKING CARE OF YOUR NEWBORN'S MOUTH IS

CARING FOR YOUR OWN ORAL HEALTH



YOU'RE BEGINNING TO SEE THAT **ADORABLE SMILE**



BABY IS CUTTING HIS FIRST TOOTH **START BRUSHING THAT TOOTH**

TWICE A DAY

USING A SMEAR OF TOOTHPASTE



MAKE SURE YOUR BABY HAS A **DENTAL CHECK-UP BY HIS FIRST BIRTHDAY**



If you don't have anywhere to take your baby, ask your pediatrician to check his teeth and for a dental referral.



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